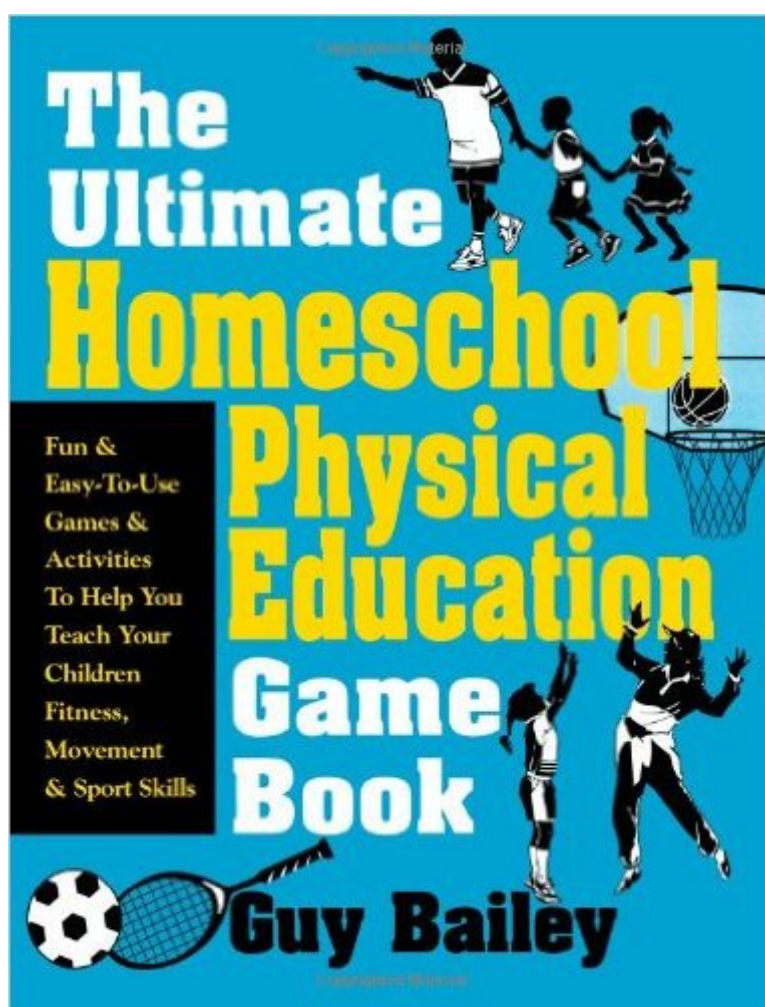


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# The Ultimate Homeschool Physical Education Game Book: Fun & Easy-To-Use Games & Activities To Help You Teach Your Children Fitness, Movement & Sport Skills



## Synopsis

This unique collection of partner and small group games (requiring only two-four participants) is perfect for teaching and developing physical education skills in the home setting. These learning activities do not require a gymnasium, expensive equipment, or a large playing area--in fact, most can be played in a backyard-size setting or smaller. Written by an experienced physical educator, this user-friendly resource is packed with only small-sided games tested and proven to develop fitness, movement, and sport-specific skills in children of all ages. In addition, these success-oriented games are guaranteed to put fun back into PE participation--an important incentive for children to become more active and physically fit. Each game activity provides everything needed for its successful use. This includes an introduction with a skill purpose, number of players required, suggested age level, equipment needed, illustrations, and easy-to-understand instructions. In addition, you'll find helpful advice on how to use these games most effectively in the home school program, how to introduce games to children, finding the right game to achieve your learning objective, safety guidelines, and much more. In short, The Ultimate Homeschool Physical Education Game Book is the most complete family physical education game resource available today. Now parents have the tool to make a positive difference in the lifestyles of their children, and to set them on the road to a lifetime of movement and health.

## Book Information

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Product Dimensions: 8.5 x 0.4 x 11 inches

Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (15 customer reviews)

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## Customer Reviews

written for homeschooling families looking to supplement their PE programs with a wider range of

activities that can be used to teach children fitness, movement and sports skills. The author, Guy Bailey, wrote *The Ultimate Homeschool Physical Education Game Book* after sensing such a need in homeschooling parents for activities. He has worked in Physical Education for over 22 years and desires to see children equipped "with a love of movement and the basic skills necessary to participate in an active lifestyle now and as adults." Homeschooling parents are faced with a few specific problems when it comes to Physical Education. One is varying ages and levels of their children. Other problems facing homeschooling parents are small class sizes, a backyard vs gymnasium setting, and the lack of expensive equipment. Guy Bailey listened to homeschooling parents and came up with solutions. The activities listed in the book need only 2-4 children and require inexpensive equipment, much of which is probably already in your home. All are easily played in your backyard and some are even suited perfectly for indoor play during winter months. Through this book he proved that quality PE games can be played with fewer children in smaller areas. In the beginning of the book are tips for successfully using the games in a PE curriculum. The games are divided into 10 sections by the equipment used: Basketball, Football, Soccer, Softball, Raquet and Net, Recreational Sports, Playground Games, More PE Games with a Homeschool Twist, Fitness Building, Rope Jumping Activities. This allows the homeschooling parent to make use of equipment they already have on hand. Sections are followed by a glossary of terms familiar to that sport.

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